

Softdrinks

* Elderberry Soda ¹ 0,4 L with fresh lime & mint	4,5
* Pomegranate Soda ^{1,2} 0,4 L with rhubarb juice and pomegranate seeds	4,5
* Wildberry Soda ^{1,2} 0,4 L (wildberry, blackcurrant juice & fresh slice of ginger)	4,5
* Sodas ¹ 0,4 L (passion fruit / apple / blackcurrant / rhubarb)	3,9
* Power-Water 0,4 L (with fresh slice of ginger, lime, mint & ginger)	4,5
* Munich's table water 0,4 L (still or sparkling) with fresh lime	3,0
* Coca Cola ^{1,2,4,11} / Zero ^{1,2,4,5,11} 0,2 L	3,9
* Paulaner Spezi ^{1,2,3,4,11} 0,5 L	4,2
* Aqua Monaco Tonic water ^{1,6} / Bitter Lemon / Ginger Ale ¹ 0,25 L	3,9
* Aqua Monaco 0,3 L / 0,75 L	3,9 / 7,0

Drinks

* Homemade mulled wine 0,2 L	5,5
* Prosecco 0,1 L	3,2
* Königin Spritz ^{1,9} 0,3 L (prosecco, rhubarb juice, wildberry, soda & pomegranate seeds)	7,5
* Aperol Spritz ^{2,6,9} 0,3 L (Aperol, prosecco, soda & fresh orange)	7,5
* Campari Spritz ^{2,6,9} 0,3 L (Campari, prosecco, soda & fresh orange)	7,5
* Lillet Spritz ^{1,9} 0,3 L (Lillet, wildberry, soda & pomegranate seeds)	7,5
* Hugo ^{1,9} 0,3 L (prosecco, elderflower syrup, soda, mint leaves & fresh lime)	7,5
* Sparkling Wine ⁹ 0,3 L (Pinot Grigio with soda water)	5,9
* Sweet Sparkling Wine ^{1,9} 0,3 L (Pinot Grigio mit Wildberry)	5,9
* Beer ¹⁰ (Tegernseer Helles 0,5 L / Hacker-Pschorr Radler ¹ 0,5 L / Tegernseer Pils 0,33 L / Warsteiner non-alcoholic 0,33 L / König Ludwig wheat beer & non-alcoholic 0,5 L)	4,5

Wine / Sparkling

	0,2 L / bottle
* Grauburgunder	6,5 / 19,0
* Lugana / Rosa dei Frati	7,9 / 25,0
* Valdo Prosecco ⁹ 0,75 L	28,0

Contains: 1) Antioxidant 2) Colorant 3) Preservative 4) Caffeine 5) Sweetener 6) Quinine 7) Milk protein
8) Taurine 9) Sulfites/Sulfur dioxide 10) Gluten 11) Phosphate

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Food & Drinks

Aperitif

* Mimosa (prosecco & fresh orange juice)	5,9
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Barry's Mix (freshly squeezed juices)

	small / large
* Classic (ginger, carrot, apple & orange)	4,9 / 5,9
* Mint (mint, apple & orange)	4,9 / 5,9
* Red (beetroot, apple & orange)	4,9 / 5,9

von Freyberg Munich Coffee

	small / large
* Espresso / Doppio ⁴	2,0 / 3,5
* Espresso Macchiato ^{7,4}	2,3 / 3,8
* Café Crème ⁴	3,3 / 4,3
* Cappuccino ^{7,4}	3,6 / 4,9
* Latte M. / Chai Latte / Hot Chocolate / Café Latte ^{7,4}	4,3 / 5,3
* Iced Latte ^{7,4} / Chocolate ^{7,4} / Chai Latte ^{7,4} with ice cubes	4,3 / 5,3
* Iced Café Crème with ice cubes	3,9
* Flat White ^{7,4}	4,3
... add espresso shot extra ⁴	+ 1,5
... add oat milk or lactose free milk	+ 0,5
* Babyccino (little Cappuccino for children)	1,0

Fresh Hot Teas

* hot orange-ginger-honey tea / apple-ginger-honey tea 0,4 L	4,5
* hot mint-ginger tea / elderflower-ginger-apple-tea ¹ 0,4 L	4,5
* Cup of tea (black / green / herbs)	3,9

Breakfast & Egg Selection Tuesday - Friday: 9:00 a.m. - 12:00 p.m.
2:00 p.m. - 4:30 p.m.
Saturday / Sunday / holidays: 9:00 a.m. - 4:30 p.m.

BREAKFAST

... served with strawberry jam, butter & bread

- 79er * Croissant filled with ham & cheese, scrambled eggs & yoghurt with fruits 11,9
- 61er * Scrambled eggs with feta cheese & tomatoes, date curry cream, sesame & Swiss style porridge with pomegranate seeds 13,9
- 43er * Scrambled eggs, melon, half of an avocado with date curry cream, & Swiss style porridge with pomegranate seeds 13,9
- 80er * Scrambled eggs with fried bacon, dates & pomegranate seeds, cheese, yoghurt with honey & almond slivers 14,9
- 55er * Scrambled eggs, salmon, beetroot-horseradish-cream cheese, cheese, fruit salad & sesame 15,9

EGG SELECTION (fresh organic eggs served with bread & butter)

- * Fried eggs with bacon 9,9
- * Scrambled eggs with pumpkin, feta cheese, arugula & pumpkin seeds 10,9
- * Scrambled eggs with fried bacon, dates & pomegranate seeds 10,9
- * Scrambled with feta cheese, tomatoes & sesame 10,9
- * Scrambled eggs with goat cheese, zucchini & pumpkin seeds 10,9

SWEET

- * Croissant natural / filled with ham & cheese 2,4 / 4,2
- * Homemade cakes 4,5
- * Homemade tiramisu 5,5
- * Apple strudel with homemade vanilla sauce 6,9

Tuesday - Sunday: 11:30 a.m. - 4:30 p.m.

LARGE SALAD BOWLS

... served with homemade balsamic-dressing, tomatoes & bread

- * Nature - mixed green salad 7,5
- * Pumpkin seeds - pomegranate seeds & melon 10,9
- * Falafel grilled & mango - pumpkin seeds 12,9
- * Pumpkin grilled & feta cheese - pumpkin seeds 12,9
- * Avocado marinated - mango & pumpkin seeds 13,9
- * Turkey strips & pineapple grilled - sesame 13,9
- * Grilled feta cheese or goat cheese with honey - melon & pomegranate seeds 13,9
- * Grilled salmon fillet - pomegranate seeds, melon & sesame 14,9

ALL TIME FAVORITES

Tuesday - Sunday: 11:30 a.m. - 4:30 p.m.

- * Avocado-Sandwich ... Avocado & Zucchini-Spaghetti marinated, Beetroot-horseradish-dip, fried egg, arugula & sesame ... with salmon (pickled) 10,9 + 4,0
- * Grilled feta or goat cheese & fried basil-couscous with honey, pomegranate seeds & salad 13,9
- * Turkey-Cornflakes-Schnitzel with salad & fried basil-couscous 13,9
- * Turkey-Cornflakes-Schnitzel with mango-coconut-curry-sauce, grilled zucchini-spaghetti with bell peppers, with Basmati rice & sesame 13,9
- * Chicken-Curry with baby spinach, with Basmati rice & sesame 13,9

If you have any questions about allergens & ingredients, our staff will be happy to help!

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WEEKLY SPECIALS

SOUPS

* Pumpkin soup with roasted pumpkin seeds & bread 6,9

PASTA-BOWLS ... served with a small salad & balsamic dressing

* Gnocchi with baby mozzarella 11,9

in homemade pesto rosso sauce & pumpkin seeds

* Penne with chicken strips & peppers 13,9

in creamy truffle sauce & sesame seeds

BOWLS ... with mixed salad, cherry tomatoes & dressing

1. Choose your base

* Tomato-bulgur, basil couscous or Basmati rice

2. Choose your garnish

* Marinated zucchini spaghetti, coleslaw or beetroot marinated

3. Choose your homemade dip 10,9

* Beetroot-horseradish-cream & sesame

* Spicy peanut-basil-pea dip & pomegranate seeds

* Date curry cream & sesame seeds

4. Choose your main ingredient

* Salmon fillet grilled + 5,5 * Turkey strips & pineapple grilled + 4,5

* Goat cheese grilled + 4,5 * Chicken curry with baby spinach + 4,5

* Feta cheese grilled + 4,5 * Pumpkin & feta cheese + 3,5

* Avocado marinated + 4,5 * Falafel grilled & mango + 3,5

5. Choose your dressing: balsamic or apple-mustard

SWEET

* Croissant natural / filled with ham & cheese 2,4 / 4,2

* Homemade chocolate cake 4,5

* Homemade cheesecake 4,5

* Homemade tiramisu 5,5

* Apple strudel with homemade vanilla sauce 6,9