

Softdrinks

* Elderberry Soda 0,4 L with fresh lime & mint	4,5
* Pomegranate Soda 0,4 L with rhubarb juice and pomegranate seeds	4,5
* Wildberry Soda 0,4 L (wildberry, blackcurrant juice & fresh slice of ginger)	4,5
* Sodas 0,4 L (passion fruit / apple / blackcurrant / rhubarb)	3,9
* Power-Water 0,4 L (with fresh slice of ginger, lime, mint & ginger)	4,5
* Munich's table water 0,4 L (still <u>or</u> sparkling) with fresh lime	3,0
* Coca Cola / Zero 0,2 L	3,9
* Paulaner Spezi 0,5 L	4,2
* Aqua Monaco Tonic water / Bitter Lemon / Ginger Ale 0,25 L	3,9
* Aqua Monaco 0,3 L / 0,75 L	3,9 / 7,0

Drinks

* Homemade mulled wine 0,2 L	5,5
* Prosecco 0,1 L	3,2
* Königin Spritz 0,3 L (prosecco, rhubarb juice, wildberry, soda & pomegranate seeds)	7,5
* Aperol Spritz 0,3 L (Aperol, prosecco, soda & fresh orange)	7,5
* Campari Spritz 0,3 L (Campari, prosecco, soda & fresh orange)	7,5
* Lillet Spritz 0,3 L (Lillet, wildberry, soda & pomegranate seeds)	7,5
* Hugo 0,3 L (prosecco, elderflower syrup, soda, mint leaves & fresh lime)	7,5
* Sparkling Wine 0,3 L (Pinot Grigio with soda water)	5,9
* Sweet Sparkling Wine 0,3 L (Pinot Grigio mit Wildberry)	5,9
* Beer (Tegernseer Helles 0,5 L / Hacker-Pschorr Radler 0,5 L / Tegernseer Pils 0,33 L / Warsteiner non-alcoholic 0,33 L / König Ludwig wheat beer & non-alcoholic 0,5 L)	4,5

Wine / Sparkling

	0,2 L / bottle
* Grauburgunder	6,5 / 19,0
* Lugana / Rosa dei Frati	7,9 / 25,0
* Valdo Prosecco 0,75 L	28,0

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Food & Drinks

Aperitif

* Mimosa (prosecco & fresh orange juice)	5,9
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Barry's Mix (freshly squeezed juices)

	small / large
* Classic (ginger, carrot, apple & orange)	4,9 / 5,9
* Mint (mint, apple & orange)	4,9 / 5,9
* Red (beetroot, apple & orange)	4,9 / 5,9

von Freyberg Munich Coffee

	small / large
* Espresso / Doppio	2,0 / 3,5
* Espresso Macchiato	2,3 / 3,8
* Café Crème	3,3 / 4,3
* Cappuccino	3,6 / 4,9
* Latte M. / Chai Latte / Hot Chocolate / Café Latte	4,3 / 5,3
* Iced Latte / Chocolate / Chai Latte with ice cubes	4,3 / 5,3
* Iced Café Crème with ice cubes	3,9
* Flat White	4,3
... add espresso shot extra	+ 1,5
... add oat milk <u>or</u> lactose free milk	+ 0,5
* Babyccino (little Cappuccino for children)	1,0

Fresh Hot Teas

* hot orange-ginger-honey tea / apple-ginger-honey tea 0,4 L	4,5
* hot mint-ginger tea / elderflower-ginger-apple-tea 0,4 L	4,5
* Cup of tea (black / green / herbs)	3,9

Breakfast & Egg Selection Tuesday – Friday: 9:00 a.m. – 12:00 p.m.
 2:00 p.m. – 4:30 p.m.
 Saturday / Sunday / holidays: 9:00 a.m. – 4:30 p.m.

Tuesday – Sunday: 11:30 a.m. – 4:30 p.m.

BREAKFAST

... served with strawberry jam, butter & bread

- 79er * Croissant filled with ham & cheese, scrambled eggs & yoghurt with fruits 11,9
- 61er * Scrambled eggs with feta cheese & tomatoes, date curry cream, sesame & Swiss style porridge with pomegranate seeds 13,9
- 43er * Scrambled eggs, melon, half of an avocado with date curry cream, & Swiss style porridge with pomegranate seeds 13,9
- 80er * Scrambled eggs with fried bacon, dates & pomegranate seeds, cheese, yoghurt with honey & almond slivers 14,9
- 55er * Scrambled eggs, salmon, beetroot-horseradish-cream cheese, cheese, fruit salad & sesame 15,9

EGG SELECTION (fresh eggs served with bread & butter)

- * Fried eggs with bacon 9,9
- * Scrambled eggs with pumpkin, feta cheese, arugula & pumpkin seeds 10,9
- * Scrambled eggs with fried bacon, dates & pomegranate seeds 10,9
- * Scrambled with feta cheese, tomatoes & sesame 10,9
- * Scrambled eggs with goat cheese, zucchini & pumpkin seeds 10,9

SWEET

- * Croissant natural / filled with ham & cheese 2,4 / 4,2
- * Homemade cakes 4,5
- * Homemade tiramisu 5,5
- * Apple strudel with homemade vanilla sauce 6,9

LARGE SALAD BOWLS

... served with homemade balsamic-dressing, tomatoes & bread

- * Nature – mixed green salad 7,5
- * Pumpkin seeds – pomegranate seeds & melon 10,9
- * Falafel grilled & mango – pumpkin seeds 12,9
- * Pumpkin grilled & feta cheese – pumpkin seeds 12,9
- * Avocado marinated – mango & pumpkin seeds 13,9
- * Turkey strips & pineapple grilled – sesame 13,9
- * Grilled feta cheese or goat cheese with honey – melon & pomegranate seeds 13,9
- * Grilled salmon fillet – pomegranate seeds, melon & sesame 14,9

ALL TIME FAVORITES

Tuesday – Sunday: 11:30 a.m. – 4:30 p.m.

- * Avocado-Sandwich ... Avocado & Zucchini-Spaghetti marinated, Beetroot-horseradish-dip, fried egg, arugula & sesame ... with salmon (pickled) 10,9 + 4,0
- * Grilled feta or goat cheese & fried basil-couscous with honey, pomegranate seeds & salad 13,9
- * Turkey-Cornflakes-Schnitzel with salad & fried basil-couscous 13,9
- * Turkey-Cornflakes-Schnitzel with mango-coconut-curry-sauce, grilled zucchini-spaghetti with bell peppers, with Basmati rice & sesame 13,9
- * Chicken-Curry with baby spinach, with Basmati rice & sesame 13,9

If you have any questions about allergens & additives, our staff will be happy to help!

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WEEKLY SPECIALS

SOUPS

* Pumpkin soup with roasted pumpkin seeds & bread 6,9

PASTA-BOWLS ... served with a small salad & balsamic dressing

* Penne with zucchini & eggplant 11,9

in white wine, grainy mustard sauce & pumpkin seeds

* Spirelli with grilled turkey strips & baby spinach 13,9

in creamy Gorgonzola sauce & sesame seeds

BOWLS ... with mixed salad, cherry tomatoes & dressing

1. Choose your base

* Tomato-bulgur, basil couscous or Basmati rice

2. Choose your garnish

* Marinated zucchini spaghetti, coleslaw, beetroot marinated or edamame

3. Choose your homemade dip 10,9

* Beetroot-horseradish-cream & sesame

* Spicy peanut-basil-pea dip & pomegranate seeds

* Date curry cream & sesame seeds

4. Choose your main ingredient

* Burrata	+ 5,5	* Avocado marinated	+ 4,5
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* Salmon fillet grilled	+ 5,5	* Turkey strips & pineapple grilled	+ 4,5
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* Goat cheese grilled	+ 4,5	* Chicken curry with baby spinach	+ 4,5
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* Feta cheese grilled	+ 4,5	* Pumpkin & feta cheese	+ 3,5
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* Falafel grilled & mango	+ 3,5
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5. Choose your dressing: balsamic or apple-mustard

SWEET

* Croissant natural / filled with ham & cheese 2,4 / 4,2

* Homemade chocolate cake 4,5

* Homemade cheesecake 4,5

* Homemade tiramisu 5,5

* Apple strudel with homemade vanilla sauce 6,9